

# CereBrill ADHD wellness solution



Cortechs has developed CereBrill: a platform and apps that help day-to-day management of ADHD.

CereBrill can manage tasks, activities & medication intakes, as well as enabling Secure Video Calls with ADHD Specialists.

It also gives users easy and reliable access to relevant information about ADHD.

## An ADHD Personal Progress Plan

With CereBrill, Personal Progress Plans can be recommended to ADHD patients and specialists based on sleep, exercise, and nutrition data captured in our platform and apps.

## Take part in our Pilot

We know how challenging the day-to-day management of ADHD is. We would like your help to confirm the impact of CereBrill as an assistive technology

### Pilot Ask

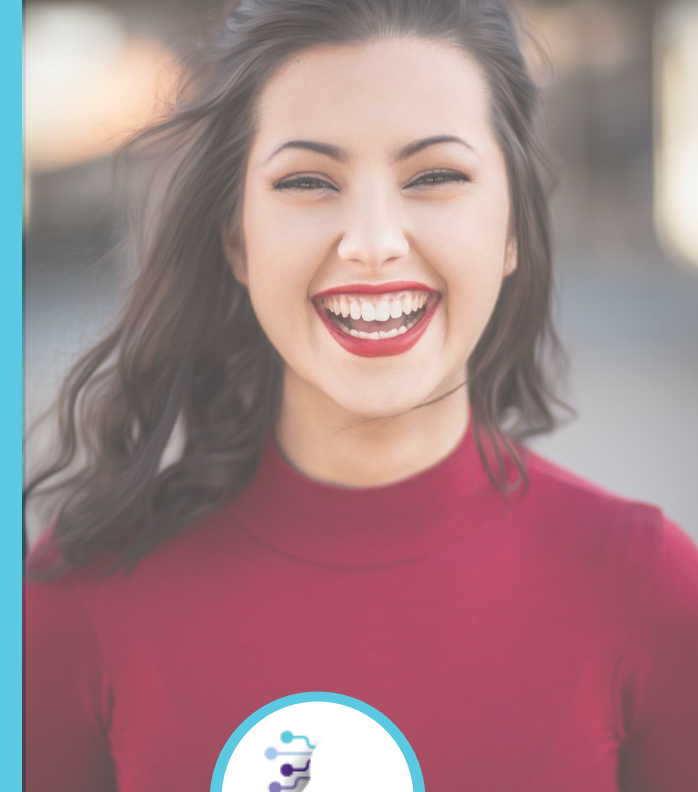
- Use the Android app + Fitbit CereBrill app every day for for a period of 3 weeks
- Answer end-of-week questionnaire
- Provide feedback to Cortechs

### Pilot Objectives

- Measure impact of CereBrill in managing ADHD
- Measure its the usability in ADHD pathway
- Confirm reliability of predictive behavioral technologies

### Pilot Datapoints

- 10 Datapoints per app user
- Usability data: usefulness, impact on day-to-day living, quantifiable progress over 3 weeks periods
- Contextual data: Triage, Wellness questionnaire, and symptoms check
- Health data: movement, sleep patterns, heartbeat, nutrition, attention & focus.



# CereBrill

from Cortechs

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[www.cerebrill.ca](http://www.cerebrill.ca)  
[www.cortechs.ie](http://www.cortechs.ie)

# CereBrill Features



## Multiple Advantages

### 1 Personal Health Dashboard

- Captures contextual health data via manual and automated logs
- Sleep patterns, movement, heartbeats, nutrition, diary events, medication intakes...
- Personal advice based on achievements

### 2 Activities & Tasks

- Joint calendar of activities and tasks shared with peers, family members, teaching assistant, and specialists.
- In-app and smartwatch notifications
- Tasks completion analysis for day-to-day progress report

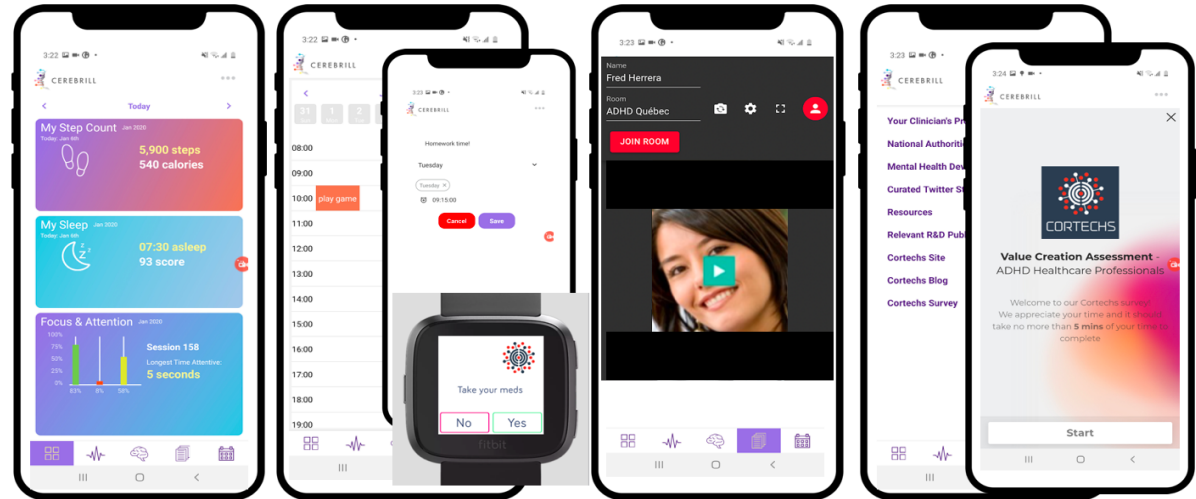
### 3 Video Consultations

- Private and secure video calls with specialist
- Menu of informational videos
- Private video messaging feature for app users

### 4 Info Hub & Questionnaire

- Information on latest ADHD developments
- Questionnaire and survey feature for remote assessment

## CereBrill Smartphone & Smartwatch App



● Personal Health Dashboard

● Activities & Tasks Alerts

● Video Consultations

● InfoHub + Questionnaire

Contact us for more information



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[www.cerebrill.ca](http://www.cerebrill.ca)

[www.cortechs.ie](http://www.cortechs.ie)