

WEEKLY PLANNER

W/C 29TH JUNE 2020

MOM	29/06/20	ADHD Partner's Online Support Group, 8pm ADHD Adult Productivity Sessions, 8pm
TUE	30/06/20	ADHD Adult Online Video Support Group, 7pm
WED	01/07/20	ADHD Parent's Support Group - Teens, 7pm
THU	02/07/20	Webinar: Adult ADHD and Anxiety, with Zak Powers, 7pm
FRI	03/07/20	No activity
SAT	04/07/20	No activity

For more information or to book a place at any of our events, log on to www.ADHDIreland.ie