

MON

**29/06/20**

ADHD Partner's Online Support Group, 8pm  
ADHD Adult Productivity Sessions, 8pm

TUE

**30/06/20**

ADHD Adult Online Video Support Group,  
7pm

WED

**01/07/20**

ADHD Parent's Support Group - Teens, 7pm

THU

**02/07/20**

Webinar: Adult ADHD and Anxiety, with  
Zak Powers, 7pm

FRI

**03/07/20**

No activity

SAT

**04/07/20**

No activity